# Pony Express Bar and Grill

# Food Menu

## Appetizers

Serving Sizes 6-8 Oz.

**BAKED CRAB DIP** 500 Cal. **10**
Lump Crab Meat, Spiced Cheese Blend, Toasted Pita

**WINGS** (GF) 655 Cal. **10**
Mild, Spicy, BBQ, Old Bay Rub, Ranch Dressing

**GAME CHILI FRITES** (GF) 520 Cal. **10**
Steak Fries, Adobo Game Chili, Jalapeños, Cheddar Cheese, Sour Cream

**WESTBOUND QUESADILLA** 460 Cal. **10**
Grilled Chicken, Roasted Poblano, Sour Cream, Pico De Gallo

**GUACAMOLE & CHIPS** (GF) 700 Cal. **8**
Fresh Avocado, Jalapeño, Pico de Gallo, Crispy Tortilla Chips

**CAMPFIRE BREAD & SPREAD** 375 Cal. **9**
Baked-To-Order Brick Oven Bread, Pasture Butter, Spring Onion Honey, Frontier Cheese Spread

**SMOKED TROUT TOAST** 630 Cal. **11**
Locally Smoked Trout Spread, Red Onion, Smoked Salmon, Fried Capers, Arugula, Toasted Multigrain

**CALAMARI FRITO** 700 Cal. **10**
Habanero Salsa, Marinara, Fresh Lemon

## Soups & Salads

**SOUP DU JOUR** **6**

**WESTERN ADOBO GAME CHILI** (GF) 360 Cal. **8**
Midwest Beef, Bison Ribeye, Wild Boar, Queso Fresco, Jalapeño, Sour Cream

**HIGH COUNTRY PANZANELLA SALAD** 252 Cal. **9**
Roasted Corn, Onions, Heirloom Grape Tomatoes, Bell Peppers, Queso Fresco, Jalapeño, Cornbread Croutons, Jalapeño Dressing

**CHOPPED COBB SALAD** (GF) 355 Cal. **8**
Bacon, Hard Boiled Egg, Tomatoes, Gorgonzola Crumble

**CLASSIC CAESAR** 415 Cal. **7**
Romaine, Shaved Parmesan Cheese, Garlic Croutons, Caesar Dressing

Add Shrimp **6** (GF) 90 Cal. Add Chicken **5** (GF) 165 Cal.

## Sides

Serving Sizes 8 Oz.

**SWEET POTATO FRIES** (GF) 260 Cal. **4**

**KALE & CABBAGE SLAW** (GF) 190 Cal. **4**

**SPICY CORN & POTATO SUCCOTASH** (GF) 110 Cal. **4**

**STEAK FRIES** (GF) 300 Cal. **5**

**HOMINY CORN RISOTTO** (GF) 265 Cal. **5**

GLUTEN FREE FOODS
Although items prepared in the facility are free of Gluten, we cannot guarantee cross contamination due to our open air kitchen. We take every precaution to prevent cross contamination. • (GF) = Gluten Free

## Stone Oven Pizzas & Flatbreads

**CLASSIC CHEESE PIZZA** 1,140 Cal. **12**
House Made San Marzano Sauce, Whole Milk Mozzarella, Fontina, Parmesan

Additional Toppings $1 Each 5-300 Cal.

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|---|---|---|---|
| Fresh Basil | Grilled Chicken | Poblano Peppers | Heirloom Grape |
| Pepperoni | Onions | Jalapeños | Tomatoes |
| Sausage | Mushrooms | Olives | Extra Cheese |
| Bacon | Bell Peppers | Fresh Mozzarella | Extra Meat |

**MARGHERITA FLATBREAD** 400 Cal. **9**
Garlic Basil Spread, Fresh Mozzarella, Heirloom Grape Tomatoes, Fresh Basil, Sea Salt

**PEPPERED BACON FLATBREAD** 650 Cal. **10**
Jalapeño Spread, Charred Poblano, Red Onions, Queso Fresco, Fresh Jalapeño

## Sandwiches & Light Fare

Serving Sizes 8-10 Oz, Calorie Counts Include Sides

All sandwiches come with a choice of Steak Fries or Side House Salad

**FRENCH DIP AU JUS** 350 Cal. – 660 Cal **12**
Roasted Prime Rib, Horseradish Aioli, Brie, French Bread

**SMOKED TURKEY CLUB** 700 Cal., – 1,000 Cal. **10**
Applewood Bacon, Fresh Avocado, Garlic Basil Aioli, Lettuce, Tomato, Texas Toast

**CLASSIC EXPRESS BURGER** 610 Cal. – 910 Cal **13**
Certified Angus Beef, Lettuce, Tomato, Red Onion, Seeded Potato Bun

**ALEXANDER MAJOR'S BURGER** 700 Cal. – 1,000 Cal. **14**
Peppered Bacon, Smoked Cheddar, Lettuce, Tomato, Red Onion, Seeded Potato Bun

**GRILLED CHEESE DELUXE** 360 Cal. – 760 Cal. **10**
Grilled Heirloom Tomato, Fontina, Cheddar, Provolone Cheese, Texas Toast

**BROILED CRAB CAKE SANDWICH** 675 Cal. – 975 Cal. 14 **14**
Lettuce, Tomato, Red Onion, Jalapeño Remoulade, Corn Dusted Keyser

## Stone Oven Entrées

Serving Sizes 6-12 Oz, Calorie Counts Include Sides

**IDAHO TROUT** (GF) 490 Cal. **19**
Bitter Green Salad, Wild Herb Potatoes, Spring Onion Citrus Honey

**FAROE ISLAND SALMON** (GF) 755 Cal. **21**
Spicy Corn & Potato Succotash, Kale & Cabbage Slaw, Romesco Sauce

**BROILED CRAB CAKES** 700 Cal. **23**
Spicy Corn & Potato Succotash, Kale & Cabbage Slaw, Romesco Sauce

**BEEF SHORT RIBS** (GF) 880 Cal. **25**
10oz Kansas Beef, Hominy Corn Risotto, Fresh Greens, Huckleberry Pan Jus

**VIRGINIA BISON RIBEYE** (GF) 925 Cal. **27**
Bison, Potato Hash, Fried Farm Egg, Pepita Sauce

## Desserts **6**

**VANILLA PANNA COTTA** (GF) 300 Cal.
Fresh Berries

**CHOCOLATE CHUNK BROWNIE** 620 Cal.
Vanilla Ice Cream, Chocolate Sauce

**CARAMEL APPLE CUSTARD** 298 Cal.
Sweet Mascarpone, Spiced Streusel Topping, Vanilla Sauce

**BREAD PUDDING** 345 Cal.
Vanilla Sauce

Consuming raw or undercooked meat, eggs, and/or fish may increase your risk of food-borne illness.

Automatic 20% gratuity will be added on parties of 6 or more.

# Pony Express Bar and Grill
# DRINK MENU

## SIGNATURE COCKTAILS

**AVIATION** 160 Cal. **9**
Gin, Luxardo Maraschino Liqueur, Lemon Juice, Lemon Twist

**GOLD RUSH** 133 Cal. **9**
Jameson Irish Whiskey, Honey Syrup, Lemon Juice, Bitters, Lemon Twist

**MOJITO** 215 Cal. **9**
Silver Rum, Lime Juice, Simple Syrup, Fresh Mint, Club Soda, Lime Wheel

**BLOOD ORANGE & GINGER MARGARITA** 179 Cal. **10**
Don Julio Silver Tequila, Blood Orange Juice, Ginger Beer, Lime Wedge

**BOURBON PEACH GINGER SMASH** 214 Cal. **10**
Maker's Mark Bourbon, Peach Liqueur, Ginger Beer, Lemon Juice, Fresh Mint

**MANHATTAN** 200 Cal. **10**
Bourbon, Sweet Vermouth, Angostura Bitters, Cherry

**MARGARITA** 190 Cal. **10**
Tequila, Triple Sec, Lime Juice, Agave Syrup, Lime Wheel

**PEACH MULE** 242 Cal. **10**
Deep Eddy Peach Vodka, Peach Liqueur, Lime Juice, Simple Syrup, Ginger Beer, Fresh Mint

**PINEAPPLE GINGER MOJITO** 207 Cal. **10**
Bacardi Rum, Ginger Liqueur, Lime Juice, Pineapple Syrup, Fresh Mint, Club Soda, Lime Wheel

**SIDECAR** 207 Cal. **10**
Cognac, Orange Liqueur, Lemon Juice, Simple Syrup, Lemon Twist

**STRAWBERRY BASIL MULE** 176 Cal. **10**
Absolut Vodka, Ginger Beer, Lime Juice, Fresh Strawberry, Fresh Basil

**THE DIRTY MARTINI** 245 Cal. **10**
Gin or Vodka, Dry Vermouth, Olive Brine, Olives

## WINES

### BUBBLES 80 Cal.

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| **LA MARCA**, Prosecco, Italy | **9/34** |
| **ENZA**, Prosecco, Italy | **10/36** |

### WONDERFUL WHITES 120-155 Cal.

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|---|---|
| **BELLA SERRA,** Moscato, Italy | **9/34** |
| **BENZIGER,** Sauvignon Blanc, California | **9/34** |
| **BOORDY,** White Zinfandel, Maryland | **9/34** |
| **FERRARI CARRANO,** Pinot Grigio, California | **9/34** |
| **KUNG FU GIRL,** Riesling, Washington | **9/34** |
| **RAIMAT,** Albariño, Spain | **9/34** |
| **FLEUR DE PRAIRIE,** Rosé, France | **10/36** |
| **SEVEN FALLS,** Chardonnay, Washington | **10/36** |
| **WENTE "Estate Grown",** Chardonnay, California | **10/36** |

### RADIANT REDS 125-155 Cal.

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|---|---|
| **CLOS DU BOIS,** Zinfandel, California | **9/34** |
| **TRAPICHE,** Malbec, Argentina | **9/34** |
| **VELVET DEVIL,** Merlot, Washington | **9/34** |
| **COLBY RED,** Red Blend, California | **10/36** |
| **LAYER CAKE,** Pinot Noir, California | **10/36** |
| **RODNEY STRONG,** Cabernet, California | **12/42** |

## DRAFTS

Ask your server or bartender about our selection of classic domestics, as well as craft beers from the local breweries below:

### MANOR HILL BREWING

Manor Hill Brewing is located on the Marriner Family farm in Howard County, Maryland. Our head brewer crafts hand-made beers from original and unique recipes. The result is aromatic, hop forward farmhouse style beers.

### SEVEN LOCKS BREWERY

Fermenting a steadfast relationship with the local community. Breweries have long been part of the local identity by reflecting the personality of its community – we are helping to rebuild that idea, one beer at a time.

*Pony Express Bar and Grill*

9600 Newbridge Drive, Potomac, MD 20854 (301) 983-7000 ex.7148

The Mochilla was a leather covering from Spain thrown over the saddle with four box shaped compartments for carrying letters.

The Pony Express was a mail service delivering messages, newspapers, mail, and small packages from St. Joseph, Missouri, across the Great Plains, over the Rocky Mountains and the Sierra Nevada to Sacramento, California, by horseback, using a series of relay stations.